

Time: Three Hours

Max. Marks: 100

SAMITA ADHYANAN 1-MAJOR (RS-7)

Q.P. CODE: 3609

(QP contains three pages)

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

NOTE: MCQ answers must be written in words along with alphabets

LONG ESSAYS

4 x 10 = 40 Marks

1. Explain the Sadhyasadyata of vyadhi according to Mahachatushpada adhyaya.
2. Explain Dhoomapana as per Charaka Samhita.
3. Describe the Kshaya lakshanas of Sapta Dhatus.
4. Write the summary of Rasabhedhiya adhyaya.



8 x 5 = 40 Marks

SHORT ESSAYS

5. Describe Indriya Panchakas.
6. Explain Vyayama according to Ashtanga Hridaya.
7. Explain the regimen of Vasanta Rutu according to Charaka Samhita.
8. Explain the Karmas of Vata according to Vatakalakaliya adhyaya.
9. Explain the Gunas of three Doshas and their treatment as told in Charaka Samhita. Sutra Sthana. Chapter-1.
10. Explain the symptoms and treatment of Mutra vega dharana according to Ashtanga Hridaya.
11. Narrate Significance of Nidra according to Ashtanga Hridaya.
12. Explain Sthana and Karma of five types of Kapha.

Multiple Choice Questions

20 x 1 = 20 Marks

13. The name of 14th chapter of Ashtanga Hrudaya Sutrasthana is called (Desirable to know)
 - A. Doshopakramaneeya
 - B. Dvividhopakramaneeya
 - C. Doshabhedhiya adhyaya
 - D. Rasabhedhiya adhyaya

14. Which of the following Anjana should be used everyday
 - A. Sauveeranjana
 - B. Sroto-anjana
 - C. Both the above
 - D. Rasanjana

15. Which Rasa should be consumed in Greeshma Rutu?
 - A. Madhura
 - B. Amla
 - C. Kashaya
 - D. Tikta

16. Avapeedaka Gritapana is indicated in which Vegadharana
A. Mutra
B. Purisha
C. Both
D. None
17. Treatment for Rasa Shesha Ajeerna is
A. Shayana
B. Swedana
C. Vamana
D. Langhana
18. Guru and Laghu are
A. Vimshati Guna
B. Ashtavidha Veerya
C. Paradi Guna
D. Both a & b
19. Shatpadapipeelika ishtatama is
A. Madhura
B. Amla
C. Lavana
D. None
20. Timira darshana is seen in
A. Majja vruddhi
B. Majja kshaya
C. Asthi kshaya
D. Rasa kshaya
21. Kopahatu ____
A. Unmargaganana
B. Vruddhi
C. Roga sambhava
D. All the above
22. In which Masa does one should undergo Vamana
A. Shravana
B. Kartika
C. Chaitra
D. Ashadha
23. Which of the following is the correct sequence of chapters in Astanga Hrudaya?
A. Doshabhediya, Doshadi Vijnaneyya, Doshopakramaniya
B. Doshadi Vijnaneyya, Doshopakramaniya, Doshabhediya
C. Doshopakramaniya, Doshabhediya, Doshadi vijnaneyya
D. Doshadi Vijnaneyya, Doshabhediya, Doshopakramaniya
24. Which of the following is not a Mulini dravya?
A. Bimbi
B. Jyotishmati
C. Trapusha



25. When Anjana should be used?
A. During Day (Dina)
B. During night (Ratri)
C. During mid-day (Madhyahna)
D. All
26. Hamsodhaka is explained in
A. Hemantha
B. Vasantha
C. Sharad
D. Shishira
27. Navarandra explanation is available in
A. Indriyopakramaniya
B. Tashyashithiya
C. Matrashitiya
D. Navegandaraniya
28. In one Paksha _____ times Nakha adhi should be trimed
A. 3
B. 5
C. 7
D. 15
29. Vaidya is Shrestha because of
A. Vijnata
B. Shasita
C. yokta
D. All
30. Total number of 'Kala' mentioned in Chatushpada
A. 10
B. 4
C. 8
D. 16
31. Sushiratva is lakshana of
A. Vata prakopa
B. Kapha prakopa
C. Pitta prakopa
D. Both A & B
32. What is Madhyama Roga Marga
A. Shakha
B. Marmasthi Sandhi
C. Koshtha
D. Maha Srotas



Rajiv Gandhi University of Health Sciences, Karnataka
Second year BAMS (NCISM) Degree Examination - 04-Mar-2025

Time: Three Hours

Max. Marks: 100

SAMHITA ADHYAYAN-2 (RS-7)**Q.P. CODE: 3617****(QP contains three pages)**

Your answers should be specific to the questions asked
 Draw neat, labeled diagrams wherever necessary

NOTE: MCQ answers must be written in words along with alphabets**LONG ESSAYS****4 x 10 = 40 Marks**

1. What are Ashtanindita purusha and explain Sthula and Karshya chikitsa siddhanta?
2. Define the Shadvidh Upakramas, Define Langhana and explain Langhana Upakrama in detail
3. Explain Shosha nidana, roopa and sadhyaasadyatha in detail
4. Explain the moola, pradusta lakshana dusti karana chikitsa of Pranavaha, udakavaha and Shukra Vaha srotasa

SHORT ESSAYS**8 x 5 = 40 Marks**

5. Oja Guna and kshaya lakshana
6. Write rasa, rakta and mamsa pradoshaja vikara
7. Write about Swapna and its types
8. Vishma Jwara and its Bhedas
9. Ama Pradoshaja Vikara
10. Discuss the Krimi Chikitsa
11. Punsavan Sanskar
12. Pranayatana and Koshtanga

Multiple Choice Questions**20 x 1 = 20 Marks**

13. _____ is **NOT** a type of Viruddha
 - A. Hrudaya Viruddha
 - B. Matra Viruddha
 - C. Samkhya Viruddha
 - D. Kala Viruddha
14. Yukti, Para, Samkhya, Samyoga are _____
 - A. Rasa
 - B. Paradi Guna
 - C. Vada
 - D. Varga
15. _____ is a type Hrudroga
 - A. Krimija
 - B. Tridoshaja
 - C. Pariharaja
 - D. Both A & B
16. Sarshapi, Alaji, Vinata, Jalini are the types of _____
 - A. Pandu
 - B. Prameha
 - C. Prameha Pidaka
 - D. Krimi



17. There are _____ Permutations and combinations of Doshas
A. 54
B. 53
C. 62
D. 63
18. There are 20 Nanatmaja Vyadhis of _____ Dosha
A. Pitta
B. Kapha
C. Vata
D. None
19. _____ is Utkrushtatama for Bala Vardhan as per Arthedashamahamuliya Adhyaya of Charaksamhita
A. Ahimsa
B. Tatvabodha
C. Virya
D. Vidya
20. As per Indriyasthanas of Charaksamhita _____ is **NOT** a type of Prakruti
A. Kulaprasakta
B. Jatiprasakta
C. Deshanupatini
D. Lakshyanimita
21. The types of Unmad are _____
A. Tridoshaja and Agantuja
B. Vataja, Pittaja, Kaphaja
C. Both A & B
D. Only A
22. Sandrameha, Alaalmeha, Sikatameha are the types of _____
A. Vataja Prameha
B. Krimi
C. Kaphaja Prameha
D. Both A and C
23. Samsargaat Lohita Pradushanaat Lohitagandhavarna Anubandhanaat are the reasons for _____
A. Kushtha differs than Visarpa
B. Yakshma Hetu
C. Pitta being termed as Raktapitta
D. None
24. _____ type of Kushtha is due to Pitta Kapha dominance
A. Pundarik
B. Kapal
C. Sidhma
D. Kakanak
25. In the Dashavidha Atura Pariksha _____ should be included with Prakruti, Vikruti, Sara, Samhanan
A. Satva, Aharashakti
B. Vyayam Shakti, Vaya
C. Both A & B
D. None

26. According to Bala Bheda the types of Agni stated in Roganik Viman Adhyaya are _____
A. Sama , Vishama, Tikshna, Mrudu
B. Sama, Vishama, Daruna, Khara
C. Sama, Vishama Only
D. Sama Vishama Tikshna, Manda
27. _____ Tu khalu tad yat swayam indriyaihi manasaa cha upalabhyate
A. Anumanam
B. Pratyaksham
C. Pramanam
D. Jnanam
28. In Rasa Viman Adhyaya the Prabhava of _____ is stated with Dosha
A. Rasa
B. Dravya
C. Roga
D. All of the above
29. The distcription of Chaya and Praticaya is stated in _____ Adhyaya of Indriyasthan
A. Katamanishaririyendriyadhyaya
B. Purvarupiyendriyadhyaya
C. Pannarupiyamindriyam
D. Pushpitakamindriyam
30. Moksha is _____
A. Nivrutti Marga
B. Apavarga
C. Both A & B
D. None of the above
31. Kalayoga Swabhavasamsiddhi Avighat Aharasaushthav are _____
A. Sharir Vruddhikara Bhaav
B. Bala Vruddhikara Bhaav
C. Aharavidhi Visheshayatana
D. Ahara Parinamakara Bhava
32. Mana Karma is _____
A. Anutva, Akatva
B. Indriyabhigraha
C. Swasyanigraha
D. Both B & C



Time: Three Hours

Max. Marks: 100

SAMITA ADHYANAN 1-MAJOR (RS-7)

Q.P. CODE: 3609

(QP contains three pages)

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4 x 10 = 40 Marks

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SHORT ESSAYS

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B. Doshadi Vijnaneyya, Doshopakramaniya, Doshabhediya
C. Doshopakramaniya, Doshabhediya, Doshadi vijnaneyya
D. Doshadi Vijnaneyya, Doshabhediya, Doshopakramaniya
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B. Kapha prakopa
C. Pitta prakopa
D. Both A & B
32. What is Madhyama Roga Marga
A. Shakha
B. Marmasthi Sandhi
C. Koshttha
D. Maha Srotas

Time: Three Hours

Max. Marks: 100 Marks

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (SUTRASTHANA)

(RS4 / RS5/RS6)

Q.P. CODE: 3008

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.



LONG ESSAYS

2 x 10 = 20 Marks

1. Explain in detail about the classification of Sadhya-Asadhyata of Vyadhi along with their lakshana.
2. Explain classification of Sweda, along with their Samyaksweda and Atisweda Lakshanas and its Indications and Contraindications.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Write the benefits of Abhyanga and Vyayama.
4. Explain Vasanta Rutucharya.
5. Explain the Padamshika Krama and its benefits.
6. Write of Madhura Rasa Karma.
7. Write Samanya Gunas of Vata, Pitta and Kapha
8. Explain Oushadhi Sevanakala.
9. Define Shodhana and Shamana along with their classification.
10. Explain Samsarjana Krama and its importance.
11. Write classification of Nasya and its benefits.
12. Explain Tantra Guna and Tantra Dosha.

SHORT ANSWERS

10 x 3 = 30 Marks

13. Write Saama Pureesha lakshana.
14. Define Vipaka and name its classification.
15. Write Panchabhoutika constituents of Shadrasa.
16. Define Viruddha Ahara.
17. Write classification of Desha.
18. Name Tacchilyas.
19. Name Ashta Prakruti and Shodasha Vikara
20. Write Kshara Guna.
21. Sandamsha Yantra.
22. Name types of Basti.

Rajiv Gandhi University of Health Sciences, Karnataka
First year BAMS (NCISM) Degree Examination - 20-Jul-2024

Time: Three Hours

Max. Marks: 100

SAMITA ADHYANAN 1-MAJOR (RS-7)

Q.P. CODE: 3609

(QP contains three pages)

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

NOTE: MCQ answers must be written in words along with alphabets

LONG ESSAYS

4 x 10 = 40 Marks

1. Write the Vaidya Guna. Explain the Importance of Vaidya. Write the qualities of different Vaidyas Mentioned in Khuddaka Chatuspada Adhyaya.
2. Write Adana Kaala Lakshana. Explain Charakokta Greeshma Ritu Charya in detail.
3. Write the Guna, Sthana, Prakrita Karma and Samanya Upakrama of Kapha Dosha.
4. Explain the Kaarana, Bheda and lakshana of Ajirna.

SHORT ESSAYS

8 x 5 = 40 Marks

5. Write the guna, of Tridosha and their relation to Agni, koshta and Desha as per Ashtanga Hridaya.
6. Explain Matravat Ahara according to Charaka.
7. Write Kaala Bheda and explain the Lakshana of Visarga Kaala as explained in Ashtanga Hridaya.
8. Write about Prakupita Vaayu Karma in Shareera and Loka.
9. Explain Triskanda as per Charaka.
10. Explain any two Bahya Lepas mentioned in Aragwadheeya Adhyaya.
11. Write the Dravya Utpatti as mentioned in Dravyaadi Vijnaaneeya adhyaya and explain Parthiva Dravya.
12. Enumerate Trividha Roga Karana and explain Asatmya Indriyarthasamyoga as explained in Tisraishaneeya Adhyaya.

Multiple Choice Questions

20 x 1 = 20 Marks

13. Shreshta Shamana Oushadhi for Kapha is ____
 A. Madhu
 B. Taila
 C. Ghrita
 D. Ksheera
14. Vyaapaada is Ahita Karma related to ____
 A. Kaaya
 B. Vaak
 C. Manas
 D. All of these
5. Impact of Shishira Ruthu on Kapha ____
 A. Samchaya
 B. Prakopa
 C. Prashama
 D. Kshaya

16. Pindikodweshtana is lakshana of ____ Vegadhaarana
A. Nidra
B. Pureesha
C. Kshudha
D. Chardi
17. Ama Vikara Samanya Chikitsa is ____
A. Santarpana
B. Apatarpana
C. Vamana
D. Virechana
18. Number of Vipaka are
A. 2
B. 3
C. 6
D. 8
19. Panchabhoutikata of Kashaya Rasa is
A. Prithvi + Vayu
B. Teja + Vayu
C. Akasha + Vayu
D. Jala + Teja
20. Akshaanaam Patavena cha is the karma of ____
A. Vata Dosha
B. Rakta Dhatu
C. Kapha Dosha
D. Asthi Dhatu
21. Ura Pradesha is the seat of ____
A. Sadhaka Pitta
B. Udana Vata
C. Apana Vata
D. A & B
22. Oushadha sevana Kala according to Vagbhata
A. 6
B. 8
C. 10
D. 11
23. Total number of Shamana Chikitsa Prakara
A. 5
B. 7
C. 12
D. 15
24. ____ is not the Kapha Guna
A. Sukshma
B. Guru

Rajiv Gandhi University of Health Sciences, Karnataka



25. ____ Is Nitya Sevaneya Dravya
 A. Yava
 B. Mashra
 C. Yavaka
 D. Dadhi
26. ____ Rutu Is Sarva Dosha Prakopaka
 A. Sharat
 B. Varsha
 C. Shishira
 D. Greeshma
27. Dadhi consumption is contra indicated in ____
 A. Day
 B. Evening
 C. Night
 D. None
28. ____ Should not be done in Sandhyakala
 A. Bhojana
 B. Adhyayana
 C. Nidra
 D. All of these
29. The common guna of Vaidya and Paricharaka is
 A. Upacharajna
 B. Anuraga
 C. Daksha
 D. Drushta Karma
30. Madhyama Bala roga is
 A. Sukha Sadhya
 B. Krichra Sadhya
 C. Yasya
 D. Anupakrama
31. Twacha is included in ____ Rogamarga
 A. Bahya
 B. Madhyama
 C. Abhyantara
 D. None
32. Ayusho Anuvrutti Pratyayabhuta is the Karma of
 A. Vayu
 B. Manas
 C. Atma
 D. Oja

Rajiv Gandhi University of Health Sciences, Karnatak
I Year B.A.M.S Degree Examination - 30-Mar-2024

Time: Three Hours

Max. Marks: 100 Marks

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (SUTRASTANA)

(RS4 / RS5/RS6)

Q.P. CODE: 3008

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Classify kaala, Name the Ritu's, and explain Hemantha Ritucharya in detail.
2. Explain Sweda Vidhi in detail.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Oushadha Sevana kaala
4. Triphala and its properties
5. Vyaayaama
6. Explain chikitsa chatushpada
7. Viruddha aahara
8. Alasaka
9. Shadvidhopakrama
10. Yantra karma
11. Samya and vaishamya of prakriti and purusha
12. Kaala basthi

SHORT ANSWERS

10 x 3 = 30 Marks

3. Vippaka
4. Madhya guna
5. Trividha roga marga
5. Bhrajaka Pitta
7. Rogi pareeksha
8. Benefits of Kavala
9. Basti netra
9. Nasya bheda
9. Sneha bheda
9. Mukha lepa

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.A.M.S Degree Examination - 20-Jul-2024

Time: Three Hours

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (SUTRASTHANNA)

(RS4 / RS5/RS6)
Q.P. CODE: 3008

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.



LONG ESSAYS

2 x 10 = 20 Marks

1. Explain Dosh-Dhatu-Mala Karma in detail.
2. Discuss Virechana in detail.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Describe Abhyanga, its benefits and contraindications.
4. Write about Chikitsa Chatushpada.
5. Define Aama. Write Saama Dosh Lakshanas.
6. Write about Greshma Rutucharya in detail.
7. Explain Adhovata Vegaavarodhajanya Lakshanas and its Chikitsa.
8. Narrate Savisha Anna Lakshana.
9. Explain Lakshanas and Karma of Kashaya Rasa.
10. Explain Upanaha Sveda.
11. Enlist indications and contraindications of Snehana.
12. Explain Pratimarsha Nasya.

SHORT ANSWERS

10 x 3 = 30 Marks

13. Types of Koshta.
14. Write about Anjana Vidhi.
15. Write about Rutusandhi.
16. Enlist Vipaka Bedha.
17. Describe Tarpaka Kapha.
18. Explain the merits of Dhumapaana.
19. Write about Avyakta.
20. Name Tachilyas.
21. Types of Raktamokshana.
22. Write about Uttara Basti.

Rajiv Gandhi University of Health Sciences, Karnataka
1 Year B.A.M.S Degree Examination - 12-Apr-2023

Time: Three Hours

Max. Marks: 100 Marks

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (SUTRASTANA)

(RS4 / RS5/RS6)
Q.P. CODE: 3008

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

1. Explain dinacharya's (daily regimen), along with their benefits.
2. Explain vamana vidhi (poorvakarma, pradhana karma and paschat karma).

2 x 10 = 20 Marks

SHORT ESSAYS

3. Sharat rutu charya
4. Explain trividha hetu.
5. Ajeerna bheda
6. Vatasya upakrama
7. Name ahara varga and explain shali and godhumra guna.
8. Explain amlarasa lakshana, karma and examples.
9. Explain panchabhoutika guna of dravya.
10. Explain types of sweda.
11. Explain ghrita and its uses.
12. Define aschotana, anjana and tarpana.

10 x 5 = 50 Marks

SHORT ANSWERS

13. Gangambu guna and karma
14. Vata dosha sthana
15. Prabhava
16. Define ama.
17. Name types of shodhana.
18. Name kalpana.
19. Ahankara lakshana
20. Define gandusha.
21. Define basti.
22. Vicharana sneha

10 x 3 = 30 Marks



Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.A.M.S Degree Examination - 18-Aug-2023

Time: Three Hours

Max. Marks 100 Marks

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (SUTRASTANTHA)

(RSA / RS5/RS6)

Q.P. CODE: 3008

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Classify sadhyasadyatva of vyadhi and explain their lakshana in detail.
2. Explain vamana vidhi in detail along with its benefits.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Write about Vyayama with their contraindications.
4. Explain pancha vata, sthana and karma.
5. Explain Adharaneeya vega and their lakshana.
6. Discuss Tailavarga
7. What is Viruddha ahara? Explain with examples.
8. Varsha rutu lakshana, charya
9. Types of Ajirna, their chikitsa
10. Write types of basti and explain bastividhi.
11. Explain Shastra lakshana
12. Explain Putapaka vidhi

SHORT ANSWERS

10 x 3 = 30 Marks

13. Define Hamsodaka
14. Enlist dashavidha papa karma
15. Dwividhopakrama
16. Madhu guna
17. Chardana gana
18. Samyak snighdha lakshana
19. Write the benefits of Anutaila
20. Enlist Anu yantra
21. Define Peyadi krama
22. Write about Kavala



Rajiv Gandhi University of Health Sciences, Karnataka
1 Year B.A.M.S Degree Examination - 14-Mar-2022

Max. Marks: 100 Marks

Time: Three Hours

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (SUTRASTANA)
(RS4 / RS5/RS6)

Q.P. CODE: 3008

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain Vata, Pitta and Kapha Upakrama in detail.
2. Discuss Sveda Vidhi Adhyaya in detail.

10 x 5 = 50 Marks

SHORT ESSAYS

3. Write about Vyayama Vidhi along with its contraindications.
4. Write Yaapya and Anupakrama Vyaadhi Lakshanas.
5. Narrate and Vata, Pitta and Kapha Gunas.
6. Discuss Varsha Rutucharya.
7. Write about Ojus, Ojoguna and Ojokshaya lakshanas.
8. Explain Divividhopakrama in detail.
9. Rutu-Dosha Sambandha.
10. Explain about Samyak Snigdha and Asnigdha Lakshanas.
11. Discuss Samsarjana krama.
12. Explain Jaloukavacharana.

10 x 3 = 30 Marks

SHORT ANSWERS

13. Enlist Astanga Ayurveda.
14. Write about Udvartana.
15. Define Prabhava.
16. Enlist Vimshati Gunas.
17. Chaturjataka.
18. Explain the importance of Tantrayukti.
19. Write about Nasya-Bheda.
20. Enlist Chaturvidha Sneha.
21. Write about Gandusha.
22. Write about Swasthika Yantra.



Rajiv Gandhi University of Health Sciences, Karnataka
1 Year B.A.M.S Degree Examination - 03-Aug-2021

Time: Three Hours

Max. Marks: 100 Marks

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (SUTRASTANA)
(RS4 / RS5/RS6)
Q.P. CODE: 3008

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Write different sthana and karma of Tridosha and its types in detail.
2. Explain snehavidhi in detail.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Discuss sadhyasadhya of vyadhi in detail.
4. Explain treatment for Aamadosha.
5. Write virya, vipaka and prabhava lakshana.
6. Discuss sayad rtucharya and explain Hamsodaka.
7. Explain abhyanga vidhi along with its contra indications.
8. Write about Jala varga in detail.
9. Write about Anupana with its uses and examples.
10. Explain the preparation of Kshara and write Kshara guna.
11. Explain Tantra guna.
12. Jaloukavacharana

SHORT ANSWERS

10 x 3 = 30 Marks

13. Explain Ashraya – Ashrayi bahva.
14. Visha dhatu lakshana
15. Indications for langhana
16. Name the drugs in chadhrana gana
17. Rtusandhi
18. Suddha rakta lakshana
19. Types of sweda
20. Types of Ajeerna
21. Anushastra
22. Kavala – Gandusha



Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.A.M.S Degree Examination - 06-Mar-2020

Time: Three Hours

Max. Marks: 100 Marks

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (SUTRASTANA)
(RS4 & RS5)

Q.P. CODE: 3008

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

2 x 10 = 20 Marks

LONG ESSAYS

1. Name adharaneeya vega, their dharana janya roga and chikitsa.
2. Explain snehapaana vidhi, sneha bheda, samyak yoga and benefits of snehapaana.

10 x 5 = 50 Marks

SHORT ESSAYS

3. Vasanta rutu charya
Explain sadvritta and narrate importance of sadvritta.
Explain aoushadha sevanakala.
6. Explain madhura rasa lakshana, guna and karma.
7. Explain chikitsa chatushpada.
8. Explain kapha upakrama.
9. Name types of pitta with its karma.
10. Explain sapta kalpana.
11. Explain tantra dosha.
12. Explain similarity and dissimilarity between prakruti and purusha.

10 x 3 = 30 Marks

SHORT ANSWERS

13. Visuchika
14. Define vipaka.
15. Classification of drava dravya (liquid substances)
 1. What is dosha sanchaya?
17. Name samanya sthana of dosha.
18. Types of anjana
19. One difference between tarpana and putapaka
20. Accha peya-
21. Types of agni sweda
22. Enumerate murdhni taila.

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.A.M.S Degree Examination - OCT-2019

Time: Three Hours

Max. Marks: 100 Marks

Moulika Siddhantha Evam Ashtanga Hridaya (Sutrastana)

(RS4 & RS5) Q.P. CODE: 3008

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (60 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

1. Discuss about आमदोष and its चिकित्सा in detail.

SHORT ESSAYS

7 x 5 = 35 Marks

2. Write in detail about पादचतुष्टयम्.
3. Explain अभ्यङ्ग विधि along with its contraindications.
4. Explain आदानकाल with its ऋतुचर्य.
5. Write पञ्च-पञ्चमूल गुण.
6. Explain स्थान-कर्म of पञ्चवात.
7. Explain पित्तस्योपक्रम (treatment for पित्तदोष).
8. Write about शमनौषध काल in detail.

SHORT ANSWERS

5 x 2 = 10 Marks

9. Write आयुर्वेदोत्पत्ति.
10. Write the significance of ऋतुसन्धि.
11. Write the qualities of नवनीत.
12. Indications for लङ्घन.
13. सामदोष लक्षण.

Part - B (40 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

14. Explain बस्तिविधि in detail.

SHORT ESSAYS

3 x 5 = 15 Marks

15. Discuss पेयादिक्रम in detail.
16. Explain शिरोबस्तिविधि with its benefits.
17. Explain अर्थाश्रय in detail.

SHORT ANSWERS

5 x 2 = 10 Marks

18. Enumerate अनुशस्त्र.
19. Write the benefits of गण्डूष.
20. Write about सीवनविधि.
21. पुरुषभेद.
22. ताच्छील्यादि.



PRINCIPAL
S.B.S.S. Krishna Ayurvedic Medical College



Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.A.M.S Degree Examination - MARCH-2019

Max. Marks: 100 Marks

Time: Three Hours

Moulika Siddhantha Evam Ashtanga Hridaya (Sutrastana)

(RS4 & RS5) Q.P. CODE: 3008

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (60 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

1. Explain in detail about Adharaneeya vegas along with the diseases occurred due to suppression of vegas and their chikitsa.

7 x 5 = 35 Marks

SHORT ESSAYS

2. Write about Chikitsa Chatuspada.
3. Write benefits of Udvartana and Abhyanga.
4. Explain Hemanta Rutucharya.
5. Explain properties of Ushna Jala and Narikela Jala.
6. Explain Viruddha Ahara with examples.
7. Define Alasaka, Visuchika and their chikitsa.
8. Explain Ojakshaya Kaarana, lakshana and chikitsa.

5 x 2 = 10 Marks

SHORT ANSWERS

9. Name Trijata and Chaturajata.
10. Define Samashana and Adhyashana.
11. Define Rogamarga.
12. Define Aama.
13. Shamana and write its classification.

Part - B (40 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

14. Explain classifications of Snehadravya, along with their Samyaksfetha and Atisneha Lakshanas and its Indications & Contraindications of snehana.

SHORT ESSAYS

3 x 5 = 15 Marks

15. Basti Yogya-Ayogya.
16. Explain importance of Tantrayukti in detail.
17. Define and explain types of Nasya.

SHORT ANSWERS

5 x 2 = 10 Marks

18. Name Saptavidha Kalpana.
19. Define Avyakta.
20. Define Pratisaarana.
21. Name types of Anjana.
22. Write about Shastra Karma



Rajiv Gandhi University of Health Sciences, Karnataka
I Professional B.A.M.S Degree Examination - FEB-2019

Max. Marks: 100 Marks

Time: Three Hours

ASTANGA HRIDAYA (RS-3)

QP Code: 1283

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

2 x 11 = 22 Marks

LONG ESSAYS

1. Write in detail about *Dvividopakrama*.
2. Explain about *Dhaaraneeya* and *Adhaaraneeya Vegas*.

10 x 5 = 50 Marks

SHORT ESSAYS

3. *Murdha Taila* and its benefits.
4. Write the procedure for *Vamana*.
5. *Chikitsa Chatushpada* with their *Gunas*.
6. *Samyak Sneha lakshana* and *Samyak Sveda Lakshana*.
7. Write about *Dashamoola*.
8. Explain *Shirobasti Vidhi*.
9. Explain *Aasrayaasrayi Bhaava*.
10. Write about *Aushadha Sevana Kaala*.
11. Explain *Shadupakrama*.
12. Write *Trnidha Rogamarga*.



14 x 2 = 28 Marks

SHORT ANSWERS

13. Define *Vipaka* and its types.
14. Write about *Pratimarsha Nasya*.
15. Enumerate the types of *Anagni Sweda*.
16. Features of Sharp Instruments (*Shastra Lakshanas*).
17. *Dasa Vidha Pariksha*.
18. Write *Sastra Doshas*.
19. Write *Avagaha Sweda*.
20. Definition of *Viruddha Ahara*.
21. Types of *Kshara*.
22. Types of *Dhoomapana*.
23. What is *Hamsodaka*.
24. Types of *Bandha* (Bandages).
25. *Shuddha Rakta Lakshana*.
26. *Savisha Jalauka Lakshana*.





Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.A.M.S Degree Examination - SEP-2018

Time: Three Hours

Max. Marks: 100 Marks

Moulika Siddhantha Evam Ashtanga Hridaya (Sutrastana)

(RS4 & RS5) Q.P. CODE: 3008

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (60 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

1. Explain in detail about Rasa, Bheda, Karma and Panchabhoutika Sanghatana of each Rasa.

SHORT ESSAYS

7 x 5 = 35 Marks

2. Write about Vasanta Rutucharya.
3. Write about Ksheeravarga.
4. Write about Ojus and Ojokshaya Lakshanas.
5. Rutu-Dosha Sambandha.
6. Write about Viruddha Aahara.
7. Write about Rogamarga.
8. Upakrama Bheda.

SHORT ANSWERS

5 x 2 = 10 Marks

9. Rutusandhi.
10. Hamsodaka.
11. Shleshaka kapha sthana and Karma.
12. Takra Guna.
13. Trina Panchamula.

Part - B (40 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

14. Explain Nasya, Bheda, Vidhi and its benefits in detail.

SHORT ESSAYS

3 x 5 = 15 Marks

15. Basti Yogya-Ayogya.
16. Ashta Prakriti.
17. Samyaksveda, Atisveda lakshanas.

SHORT ANSWERS

5 x 2 = 10 Marks

18. Ascotana.
19. Sandamsa Yantra.
20. Jalouka Bheda.
21. Kshara Guna.
22. Arthapatti.





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Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.A.M.S Degree Examination - SEP-2017

Max. Marks: 100 Marks

Time: Three Hours

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (Revised Scheme - 4)

Q.P. CODE: 3008

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary
(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (60 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

1. Write Vit and uzi of q)ti and Tr in detail.

7 x 5 = 35 Marks

SHORT ESSAYS

2. Describe TrarRTrwr of cqllk
3. Write about 44 in detail along with its contraindications.
4. Discuss all "q"TI" and explain the uses of
5. Write about ad 14 in detail.
6. Explain 7-771 in detail.
7. Discuss W0-1) in detail and explain arm q)41.
8. Explain the benefits of fir along with its indications and contraindications.

5 x 2 = 10 Marks

SHORT ANSWERS

9. Write about ch)8.
10. Enlist contraindications for
11. Enlist truit4TT.
12. Enlist TT.
13. Write about 11'70:.

Part - B (40 Marks)

LONG ESSAYS

14. Explain _____ in detail.

1 x 15 = 15 Marks

SHORT ESSAYS

15. Explain er and _____ in detail.
16. Explain _____ in detail.
17. Explain the preparation of WT and write Fulat

3 x 5 = 15 Marks

SHORT ANSWERS

18. Write about
19. Write 7vcit
20. Narrate the benefits of 4-11Aicii.
21. Define
22. Write the types of ter:

5 x 2 = 10 Marks





Rajiv Gandhi University of Health Sciences, Karnatak

I Year B.A.M.S Degree Examination - **SEP 2016**

Max. Marks: 100 Marks

Time: Three Hours

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (Revised Scheme - 4)

Q.P. CODE: 3008

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary
(Note: Use the same theory answer scripts for writing Part A and Part B)

Part — A (60 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

1. Explain Adana kaala lakshana and narrate Greeshma rutucharya with rutusandhi.

7 x 5 = 35 Marks

SHORT ESSAYS

2. Vatasya upakrama
3. Mutravegavarodha lakshana and chikitsa
4. Classify sadhyasadyata and narrate sukha sadhya vyadhi
5. Mention four sneha's and explain ghrita guna
6. Define Anupana with its benefits
7. Agneya dravya guna karma
8. Pancha kapha lakshana

5 x 2 = 10 Marks

SHORT ANSWERS

21. Define shamana and name its types
22. Dashavidha papakarma
23. Koshta bheda
24. Hamsodaka
25. Name drugs of Triphala

Part — B (40 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

9. Explain Vamana vidhi in detail

3 x 5 = 15 Marks

SHORT ESSAYS

10. Uttarabasti vidhi
11. Tantra Guna
12. Types of Sweda with their uses

5 x 2 = 10 Marks

SHORT ANSWERS

13. Define kalpana and name them
14. Akshi Tarpana vidhi
15. Atidagdha lakshana
16. Benefits of Bandhana
17. Kaala basti

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.A.M.S Degree Examination - MAY 2016

Max. Marks: 100 Marks

Time: Three Hours

MOULIKA SIDDHANTHA EVAM ASHTANGA HRIDAYA (Revised Scheme - 4)

Q.P. CODE: 3008

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary
(Note: Use the same theory answer scripts for writing Part A and Part B)

Part — A (60 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

1. Discuss Chikitsa Chatushpada in detail with importance of vaidya.

7 x 5 = 35 Marks

SHORT ESSAYS

2. Narrate Dantadhavana in detail
3. Explain trividha rogamarga and their related diseases.
4. Name Dharaneeya vega and narrate its importance
5. Qualities of Gangambu and samudrambu.
6. Alasaka visuchika laxana and chikitsa
7. Parthiva dravya guna karma
8. Pancha pitta lakshana

5 x 2 = 10 Marks

SHORT ANSWERS

9. Vishadata laxana
10. Define Shodhana with its types
11. Udvardana guna
12. Langhana bheda
13. Rogapariksha

Part — B (40 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

14. Explain Basti vidhi in detail

SHORT ESSAYS

3 x 5 = 15 Marks

15. Peyadi krama
16. Srushti utpatti krama as per charaka
17. Murdhini taila bheda and shirobasti vidhi

SHORT ANSWERS

5 x 2 = 10 Marks

18. Kshara guna
19. Contra Indications of Siravyadha
20. Yantra karma
21. Pratimarsha nasya
22. Benefits of Aschottana