

**Time: Three Hours**

**Max. Marks: 100 Marks**

**PANCHAKARMA (RS 5)**

**Q.P. CODE: 3093**

Your answers should be specific to the questions asked  
Draw neat, labeled diagrams wherever necessary

**LONG ESSAYS**

**2 x 10 = 20 Marks**

1. Describe Vamana vyapats – their nidana, lakshanas and respective management
2. Mention various Sneha matra, describe Uttama, Madhyama and Avaramatra Sneha guna and prayoga in diseases

**SHORT ESSAYS**

**10 x 5 = 50 Marks**

3. Explain indications and contra indications of Raktamokshana
4. Define Upanahasweda, mention the ingredients for Vataja, Pittaja and Kaphaja clinical conditions
5. Explain Samyak, Ayoga and Atiyoga of Virechana
6. Describe indication and contra indications of Nasya karma
7. Write the nidana, lakshanas and chikitsa of snehapanaAtiyoga
8. Mention Niragnisweda and explain their clinically utility w.r.t disease condition
9. Explain bastinetravayapats, bastiputakavyapats
10. Write the classification of anuvasanabasti with matra
11. Explain in detail Nasya procedure along with Poorva, Pradhana and Paschath Karma
12. Describe Electrotherapies, their principles and justify its efficacy with examples



**SHORT ANSWERS**

**10 x 3 = 30 Marks**

13. Write the properties and indications of taila
14. Describe dravasweda
15. Define and classify shadvidhaupakramas
16. Write the indications of pravicharana Sneha
17. Explain kupasweda
18. Mention Virechanakalpas of Danti
19. Write vamanaAtiyoga and its chikitsa
20. Write the ingredients of Ksheerabasti
21. Explain about NavanaNasya
22. Indications of TENS

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**Rajiv Gandhi University of Health Sciences, Karnataka**  
**IV Year B.A.M.S Degree Examination - 17-Jun-2022**

**Max. Marks: 100 Marks**

**Time: Three Hours**

**PANCHAKARMA (RS 5)**

**Q.P. CODE: 3093**

Your answers should be specific to the questions asked  
Draw neat, labeled diagrams wherever necessary

**LONG ESSAYS**

**2 x 10 = 20 Marks**

1. Write in detail about Vamana Karmukata
2. Substantiate Raktamokshana as an Ardchakitsa

**SHORT ESSAYS**

**10 x 5 = 50 Marks**

3. Preparation and indication of Takradhara
4. Management during the Vishramakala for Vamana and Virechana
5. ErandamuladiNiruha Basti
6. Basti Vyapats and management
7. Talapothichil
8. Specifications of Panchakarma theatre and necessary equipment's
9. Ksheeradhuma
10. Jeeryamana and Jeernalakshanas of Sneha
11. Complications of Swedana and their management according to Ayurveda and Modern Medicine
12. Write the NiragniSwedas with its indications



**SHORT ANSWERS**

**10 x 3 = 30 Marks**

13. Management of SnehanaAtiyoga
14. Pravicharanasnehas
15. ShodhanangaSweda
16. Trividhashuddi of Virechana
17. Ultrasonic therapy
18. Infrared therapy
19. Importance of physiotherapy
20. Nasyavyapats and management
21. DhumaNasya
22. Maha Sneha and MahaSweda

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Time: Three Hours

**PANCHAKARMA (RS 5)**

**Q.P. CODE: 3093**

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Draw neat, labeled diagrams wherever necessary

**2 x 10 = 20 Marks**

**LONG ESSAYS**

1. Define Anuvasana basti, write its classification, Anuvasana basti Vyapat and its chikitsa in detail.
2. Write in detail about Chaturvidha Sweda and Samyak, Ayoga and Atiyoga lakshana of Swedana.

**10 x 5 = 50 Marks**

**SHORT ESSAYS**

3. Samsarjana krama.
4. Lakshana during vamana karma indicating dosha Gati.
5. Shodhana benefits.
6. Write about Shodhanartha Snehapana.
7. Samyak yoga, Atiyoga and Ayoga of virechana.
8. Define Nasya, write in detail about Nasya Pradhana karma.
9. Basti Putaka Doshas.
10. Define Raktamokhana, write in detail about Prachanna Karma.
11. Wax bath therapy.
12. Madana Phala, importance, collection and preservation.

**10 x 3 = 30 Marks**

**SHORT ANSWERS**

13. Define physiotherapy.
14. Qualities of Gritha.
15. Valuka Sweda indications.
16. Vaigiki and Laingki Shuddi of virechana.
17. Matra basti indications.
18. Savata data basti.
19. Anupana of different sneha dravya.
20. Importance of Madhu and Saindhava in Vamana.
21. Kavala and Gandusha.
22. Padabhyanga.

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Time: Three Hours

**PANCHAKARMA (RS-5)**

**Q.P. CODE: 3093**

Your answers should be specific to the questions asked  
Draw neat, labeled diagrams wherever necessary

**LONG ESSAYS**

**2 x 10 = 20 Marks**

1. Define Vamana. Write in detail about Poorva, Pradhana and Pashchat Karma of Vamana
2. Define Basti. Write the classification of Basti and explain the mode of action of Niruha Basti

**SHORT ESSAYS**

**10 x 5 = 50 Marks**

3. Write about the properties and uses of Gritha. Substantiate its superiority over other Snehas
4. Write about Patra Pinda Sweda in detail
5. Explain the different types of Samsarjana Krama
6. Write about Sadyo Sneha and its importance
7. Write the classifications of Swedana
8. Aragwadha Kalpas
9. Write about Avapeedaka Sneha
10. Explain Jalaukavacharana
11. Write the mode of action of Swedana
12. Short wave Diathermy

**SHORT ANSWERS**

**10 x 3 = 30 Marks**

13. Yuktaratha Basti
14. Nasya Vyapat
15. Shadbindu Taila
16. Vishramakala of Vamana
17. Ritu Anusara Snehana
18. Shiro Lepa
19. Rukshana
20. Importance of Stambhana
21. Uttara Basti in females
22. Exercise therapy

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