

Rajiv Gandhi University of Health Sciences, Karnataka
IV Year B.A.M.S Degree Examination - 17-Jun-2022

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Write in detail about Vamana Karmukata
2. Substantiate Raktamokshana as an Ardhachikitsa

SHORT ESSAYS

10 x 5 = 50 Marks

3. Preparation and indication of Takradhara
4. Management during the Vishramakala for Vamana and Virechana
5. ErandamuladiNiruha Basti
6. Basti Vyapats and management
7. Talapothichil
8. Specifications of Panchakarma theatre and necessary equipment's
9. Ksheeradhumra
10. Jeeryamana and Jeernalakshanas of Sneha
11. Complications of Swedana and their management according to Ayurveda and Modern Medicine
12. Write the NiragniSwedas with its indications

SHORT ANSWERS

10 x 3 = 30 Marks

13. Management of SnehanaAtiyoga
14. Pravicharanasnehas
15. ShodhanangaSweda
16. Trividhashuddi of Virechana
17. Ultrasonic therapy
18. Infrared therapy
19. Importance of physiotherapy
20. Nasyavyapats and management
21. DhumaNasya
22. Maha Sneha and MahaSweda





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PANCHAKARMA (RS 5)

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LONG ESSAYS

2 x 10 = 20 Marks

1. Define Anuvasana basti, write its classification, Anuvasana basti Vyapat and its chikitsa in detail.
2. Write in detail about Chaturvidha Sweda and Samyak, Ayoga and Atiyoga lakshana of Swedana.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Samsarjana krama.
4. Lakshana during vamana karma indicating dosha Gati.
5. Shodhana benefits.
6. Write about Shodhanartha Snehapana.
7. Samyak yoga, Atiyoga and Ayoga of virechana.
8. Define Nasya, write in detail about Nasya Pradhana karma.
9. Basti Putaka Doshas.
10. Define Raktamokhana, write in detail about Prachanna Karma.
11. Wax bath therapy.
12. Madana Phala, importance, collection and preservation.

SHORT ANSWERS

10 x 3 = 30 Marks

13. Define physiotherapy.
14. Qualities of Gritha.
15. Valuka Sweda indications.
16. Vaigiki and Laingki Shuddi of virechana.
17. Matra basti indications.
18. Savata data basti.
19. Anupana of different sneha dravya.
20. Importance of Madhu and Saindhava in Vamana.
21. Kavala and Gandusha.
22. Padabhyanga.



Time: Three Hours

Max. Marks: 100

PANCHAKARMA (RS-5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Define Vamana. Write in detail about Poorva, Pradhana and Pashchat Karma of Vamana
2. Define Basti. Write the classification of Basti and explain the mode of action of Niruha Basti

SHORT ESSAYS

10 x 5 = 50 Marks

3. Write about the properties and uses of Gritha. Substantiate its superiority over other Snehas
4. Write about Patra Pinda Sweda in detail
5. Explain the different types of Samsarjana Krama
6. Write about Sadyo Sneha and its importance
7. Write the classifications of Swedana
8. Aragwadha Kalpas
9. Write about Avapeedaka Sneha
10. Explain Jalaukavacharana
11. Write the mode of action of Swedana
12. Short wave Diathermy

SHORT ANSWERS

10 x 3 = 30 Marks

13. Yuktaratha Basti
14. Nasya Vyapat
15. Shadbindu Taila
16. Vishramakala of Vamana
17. Ritu Anusara Snehana
18. Shiro Lepa
19. Rukshana
20. Importance of Stambhana
21. Uttara Basti in females
22. Exercise therapy
