

## ***CO-CURRICULAR and Extra-CURRICULAR ACTIVITIES(2025-26)***

### **Charaka for Children**

Co-curricular activities play a crucial role in holistic development by fostering leadership, teamwork, creativity, communication skills, and social responsibility.

On 28th December, at the prestigious 2nd World Ayurveda Summit, our institute participated in the national-level competition "Charaka for Children", a short-term community health project organized by Apta's Ayurveda trust.

The competition aimed at promoting preventive healthcare awareness among children through innovative and practical Ayurvedic approaches.

Our institute brought a great honor by securing First Prize at the National Level, reflecting meticulous planning, teamwork, and academic excellence.

The project was led by

Project Head – Dr. Manjunath S. Gavimath

Project Manager – Dr. Monika Patil

Project Co-ordinator – Dr. Vinayak Galatage

The project was strongly supported by the following Project committees

**-Team Head – Nilesh Hodage**

**-Finance committee–** Rushikesh Munde, Rohit Sulakhe, Rajvardhan Patil

**-Documentation committee –** Pawan Devapur,

Prathamesh Ghtekari, Yashwini Nayka, Yash

Hral, Pradeepkumar

**-Reporting committee–** Dilip Hoti, Sakshi Patil,

Srinidhi Gadal, Samruddhi and Radhika

**-Publicity committee –** Onkar Asode, Kartika Londhe, Sarthak Pakhare, Neha Pawar

**-Transport committee – Prajwal**

N, Prasad H, Deepak M K,  
Padmashree K and Rahul Donaje

**-Survey committee**

Sandesh Vanahalli, Aishwarya D,  
Anurag Jthar, Yash Shinde, Neha  
Sankeshware, Sanika Patil, Neha  
kole, Saba Nadaf, Akash VB,  
Avdhut Patil, Prajwal, Yashwi  
Monde, Vaishnavi Patil,

**Data Collection committee –**

Gangothri IK, Sagar Jiddi, Rahul  
Hosmani, Samruddhi Mandage

**Data Entry committee – Shruti**

Lagare, Sweta Reddy,  
Swaroop Hajare, Darshan  
Gundanke and Sahil Nadaf

**Publication committee – Akash**

Patil, Sakshi Charati, Vedika patil,  
Nikhil Patil, Sadiya Mulla

**National Entrepreneurship challenge (NEC)**

From 9th to 12th December 2025, our institute participated in the National Entrepreneurship Challenge (NEC) organized by IIT Bombay.

This competition provides a national platform for students to develop entrepreneurial skills, innovative thinking, and real-world problem-solving abilities.

The Entrepreneurship Cell ~~REMOVED~~ qualified for the finale of the Basic Track, earning the opportunity to attend the prestigious E-Summit IIT Bombay, marking a proud moment for our institution.

The team worked under the guidance of

Mentor and Faculty Advisor – Dr. Manjunath S. Gavimath Sir

Student leadership included:

Head – Rushikesh Munde

Vice Head – Sakshi Patil

Secretary – Sakshi Charati

Resource Management Head – Anurag and Naushad

Media and Publicity Head – Onkar and Pawan

Public Relations Head – Shruti and Alia

Event Management Head – Rohit, Samrudhi, Sanika

Design and Content Head – Neha, Srinidhi, Kartika

Finance Head – Kiran

Technical Head – Dilip

Workshop and Webinar Head – Manish

Research and Strategy Head – Yashaswini and Neha

Innovation and Ideation Head – Sarthak and Vaishnavi

### **Spot reel making competition**

On 28th December, at the 2nd World Ayurveda Summit, a Spot Reel Making Competition was conducted to encourage creative expression and digital communication skills among students.

Pawan Devapur of Daksha batch secured Second Prize with a cash award of ₹20,000, and Prathamesh Ghtekari of Mritunjay batch received the Motivational Prize with a cash award of ₹5,000 for their impactful presentations.

### **Idea hackathon**

On 21st March 2025, IDEA Hackathon 2025, organized by AllIA-iCAINE, New Delhi, provided a national platform for innovative and problem-solving ideas.

Mr. Onkar Asode was selected for Best Innovation Ideas at the National Level.

### **Yoga competition at SBG ayurvedic medical College, Belgavi**

On 15th June, students of 2nd Professional BAMS participated in a Yoga Competition held at SBG Ayurvedic Medical College and Hospital, Belgavi, which aimed to promote physical fitness, mental discipline, and yogic awareness.

Rohan Chavan secured 1st place, Venkatesh Lingaraddi secured 3rd place, and Sushmita Shetty received a consolation prize.

### **Poster making competition**

Second Professional students participated in a Poster-Making Competition on "Environmental Toxicology", organized by the Department of Agada Tantra, to create awareness about environmental toxins and their health impacts.

First Prize has been secured by – Srushti and group:

Srushti, Shweta K., Shrusti S., Shubham P., Satyajeet P., Athrva P., Alankar

Second Prize – Mayuri and group:

Mayuri, Sharyu, Bhumika, Gayatri, Sakshi, Sanmati, Mrunalini, Samruddhi

Third Prize – Srinidhi and group:

Srinidhi, Yashaswini, Shweta, Meghana, Lisha

### **Yoga competition**

On 18th June 2025, the Department of Swasthavritta and Yoga organized a Yoga Competition on the occasion of International Yoga Day, emphasizing the importance of yoga in daily life.

1st Prize – Sakshi Charati

2nd Prize – Sanmati Patil

3rd Prize – Bhagyashree Patil

### **Quiz competition**

On 16th July 2025, the Department of Agada Tantra organized World Snake Day by conducting a Quiz Competition to enhance awareness about snakebite management and toxicology.

1st Prize: Akshata Mali, Srushti Koutal, Sangram, Shivarajan

2nd Prize: Pratiksha, Supriya, Suhana, Shreyash

3rd Prize: Snehalata, Farheen, Harshada, Venkatesh Lingaraddi

## **Charaka Siddhantavalokana**

On 29th July 2025, our institute celebrated Charaka Jayanti, and the Charaka Siddhantavalokan Competition which was organized by the Department of Samhita and Siddhanta to encourage in-depth understanding of Charaka Samhita.

**First Prize – Mrutyunjay Batch**

**Second Prize – Agnivesh Batch**

## **REELOPRENEUR COMPETITION**

The Reelopreneur Competition aimed at nurturing entrepreneurial thinking by presenting innovative business ideas through short digital reels.

**First Prize – Surabhi and group:**

Surabhi K., Shreya S., Sadiya M., Sharayu M., Harshada K., Avadhut P., Niraj C., Vedika B., Yash V.

**Second Prize – Shruti Munji and group:**

Shruti, Vishwajeet, Sushmita, Akshata, Tanuja

**Third Prize – Tanya and group:**

Tanya, Yashashree, Pritam, Devayani, Rutuja, Vaishnavi, Atharva Ekatpure

## **Award to Dr Chandu Metri**

During the academic year 2025, our esteemed faculty member Dr. Chandu Metri, Professor, Department of Panchakarma, brought a great honor to our institution by receiving two prestigious recognitions at national and international platforms.

On 5<sup>th</sup> July 2025, he was awarded for the best research paper presentation titled “An Ayurvedic approach in the management of Guillain–Barré Syndrome – A Case Report” in

National Level Conference on Neuro Degenerative Disorders, organized by Shri DGM Ayurvedic Medical College and Hospital and Research Centre, Gadag.

Further, on 26<sup>th</sup> December, at the 2<sup>nd</sup> World Ayurveda Summit, he secured 3<sup>rd</sup> place in the paper presentation competition titled “Avascular Necrosis (AVN): Critical Insights into Etiopathogenesis and Ayurvedic Therapeutic Approaches.”



**PRINCIPAL**

**SBSS Krishna Ayurvedic Medical  
College & Hospital, Sankeshwar.**



## Clinical insights of Basti Karma in Neurodegenerative Disorders



**DR. CHANDU METRI**

M D (Ayu) (Ph.D)

Associate Professor

Department of Panchakarma

Krishna Ayurvedic Medical College & Hospital Sankeshwar - 591313

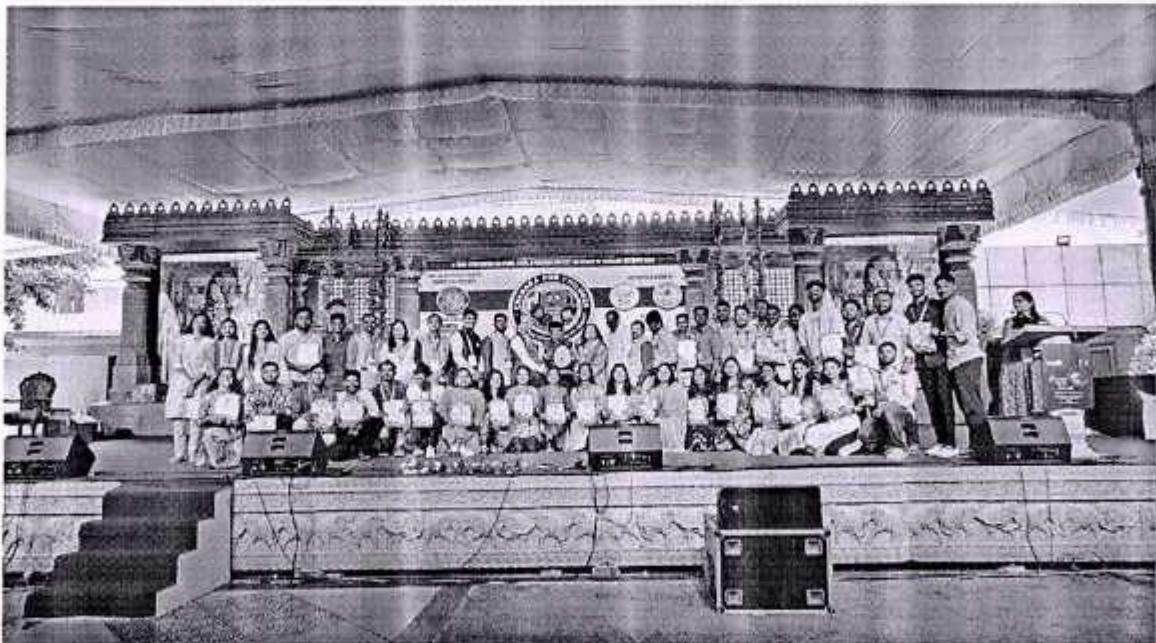


Consultant Panchakarma Physician

SURAKSHA AYURVEDA CHIKITSALAYA GHATAPRABHA - 591306

Mall : ayursuraksha16@gmail.com





  
**PRINCIPAL**  
SBSS Krishna Ayurvedic Medical  
College & Hospital, Sankeshwar.





Research Innovation and  
Entrepreneurship Development Cell  
**IDEA HACKATHON**  
CONGRATULATIONS



**Mr. Onkar Asode**

Selected for  
**BEST INNOVATION IDEAS**  
at National Level  
**IDEA HACKATHON 2025**  
ORGANISED BY  
AIIA-ICAINE, NEW DELHI

BEST WISHES FROM  
MANAGEMENT, PRINCIPAL & TEACHING STAFF



**PRINCIPAL**

SBSS Krishna Ayurvedic Medical  
College & Hospital, Sankeshwar.